



**What is your purpose...**

**...in life?**

**...in athletics?**

**What is limiting you from actualizing your purpose...**

**...in life?**

**...in athletics?**



**What is your potential...**

**...in life?**

**...in athletics?**

**What is limiting you from actualizing your potential...**

**...in life?**

**...in athletics?**



**What quantifiable actions and differences in mindset can you make to actualize your purpose...**

**...in life?**

**...in athletics?**

**What quantifiable actions and differences in mindset can you make to actualize your potential...**

**...in life?**

**...in athletics?**